



KARATEDO SHITO-KAI CANADA  
Shito-Ryu Style  
Member: World Shito-Ryu Karatedo Federation

## **ADULT RULES**

### ***KATA (MODIFIED W.K.F. RULES)***

NOVICE AND INTERMEDIATE – Top 4 scores to perform 2<sup>nd</sup> Kata.

ALL BLACK BELT – Top 4 scores to perform a second DIFFERENT Kata.

TEAM KATA – Top 4 teams to perform 2<sup>nd</sup> Kata. **(No Bunkai)**

### **AVERAGE SCORES**

NOVICE 6.0

INTERMEDIATE 7.0

BLACK BELT 8.0

### ***KUMITE ( MODIFIED W.K.F. RULES)***

2 minutes stop time, 8 points apart or time up

### **MEN BLACK BELT**

3 minutes stop time 8 points apart or time up

Contact & penalty rules per WKF Rules